

Perquimans County Center for Active Living

June 2025

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Website: www.pcactiveliving.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Brain Health/ Alzheimer Awareness— 10:30 am	3 Virginia Zoo— 8:30 am	4 Gardening— 8:30 am EMS Vital - 10:15am Handbells — 10:30 am	5 Soul/R&B Line Dancing—8:30 am Rock Painting — 9:00 am WEAAD Walk— 9:15 am	6 Dance Fitness— 10:30am	7
8	9 Take Control— 10:30 am	10 Morris & Grandy Farm Market— 8:30 am	11 Gardening— 8:30 am	12 Acrylics—9:00 am Bling It On!- 1:00 pm	13 Dance Fitness— 10:30am Day for Dads— 1:30 pm	14
15  Happy Father's Day!	16 Take Control— 10:30 am Staying Connected— 1:30 pm	17 Terri's Card Making —10:00 am Advance Care Planning -10:30 am	18 Gardening— 8:30 am	19 Craft with Penny— 9:00 am Sew Much Fun— 1:00 pm	20 Dance Fitness— 10:30am  First Day of Summer	21 Yard SALE 8:00 am - Noon
22	23 Take Control— 10:30 am	24 Shopping—9:00 am <i>*No Line Dancing*</i>	25 Gardening— 8:30 am	26 3 Amigos & Nu-Quality Ice Cream—11:00 am <i>*No Line Dancing*</i>	27 Bow Making— 9:00 am Dance Fitness— 10:30am	28
29	30 Take Control— 10:30 am					