





NC Cooperative Extension - Perquimans County Center

DID YOU KNOW?

May 2025





HOME PRESERVATION SERIES

Join the Fun & Learn the Art of Food Preservation!

Looking to keep your favorite fruits and veggies fresh year-round? Want to learn the secrets of canning, extracts, and food prep like a pro? Come join us for Food Preservation Classes at the Perquimans County **Extension Office!**

- Hands-on learning with an expert instructor
- Discover the best techniques for preserving flavor & nutrition
- 🏐 Take home delicious, homemade
- Meet fellow food lovers and have a blast!

Spaces are limited, so sign up today! For more details or to register, contact us at (252)-426-5428 or at Sarah_Sowders@ncsu.edu.

Let's get preserving! #





UPCOMING EVENTS 5:30-7:30PM

No Waste Strawberries (Extracts and Sauces)

JUNE

Blueberry Lavendar Jam

JULY

Pineapple Mango Salsa

AUGUST

Signature Vinegars

SEPTEMBER



Saucy Sloppy Joe Starter

All classes are \$10 each or join us for all five classes for \$45

ADDITIONAL INFORMATION

Registration will not be complete until the registration fee is paid. Payments can be made by check or exact change at the extension office. Checks can be made payable to Perquimans Farm services. Registration Fee is non-refundable unless class is canceled.



Servsafe Managers Certification June 17th & 18th 2025

Calling all those in the restaurant and food service industry! N.C. Cooperative Extension will be offering a ServSafe Food Safety

Class in June. The class will be held at the N.C. Cooperative Extension, Perquimans County Center, and will begin promptly at 9 a.m.

each day. ServSafe is a course designed by the National Restaurant Association Educational Foundation to provide food service

operators, managers, and support personnel with the knowledge essential for food preparation and handling within their

respective facilities to help reduce the risk of foodborne illness. The course covers handling food, from receiving and storing to

preparing and serving. It gives science-based information on how to run a safe establishment.

please Complete this Google Registration Form: <u>Click Here</u> Registration and payment is due by **May 23rd**

June 17th Instruction Day 9:00 a.m. to 5:00 p.m (one hour lunch break on own)

June 18th Instruction Day 9:00 a.m. to 5:00 p.m (one hour lunch break on own).

Exam will take place the afternoon of June 18th.

Test Registration cost is \$125 (which includes the 7th edition book and exam sheet.)

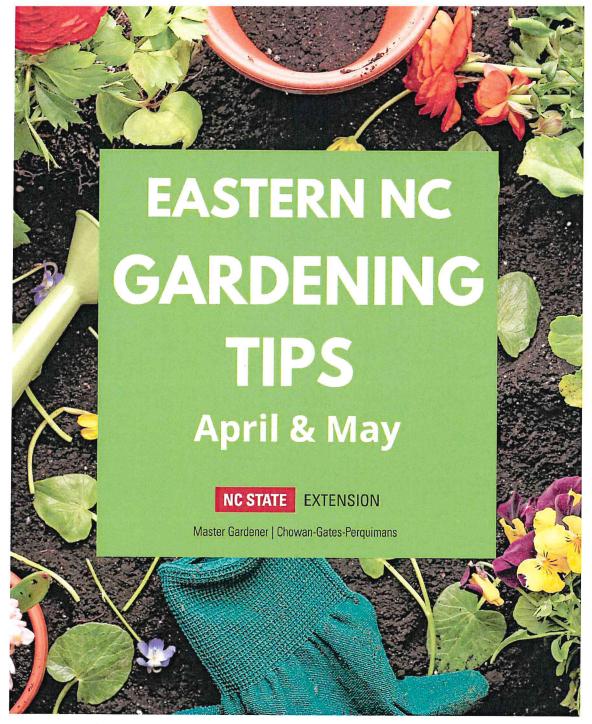
**Registration fees are non-refundable but are transferable to another person

FOR MORE INFORMATION OR ACCOMMODATIONS FOR PERSONS WITH DISABILITIES, PLEASE CONTACT SARAH SOWDERS AT SARAH_SOWDERS@NCSU.EDU OR (252)-426-5428 NO LATER THAN TEN BUSINESS DAYS BEFORE THE EVENT.

N.C. COOPERATIVE EXTENSION IS AN EQUAL OPPORTUNITY PROVIDER.







Gardening Considerations for April and May in Eastern NC: https://perquimans.ces.ncsu.edu/2025/04/april-showers-may-flowers-gardening-tips-for-april-and-may-in-eastern-nc/

2025 Summer Adventures

Date Change Our Horsin' Around program date has changed from July 10th to June 9th!

Get ready for an educational and exciting summer with Perquimans County 4-H! Our Summer Adventures program is packed with hands-on activities, field trips, and fun-filled learning experiences for youth of all ages. Whether it's exploring nature, creating art, or diving into science, there's something for everyone! Registration opens Monday, April 14th at 8:00 AM so be sure to sign up early—spots fill fast! Check out the flyer and registration details to plan your summer adventure.

2025 Perquimans County 4-H mmer Adventurers

Little Donut Masters

June 3, 12 am - 3 pm

Ages: 5-8 Cost: \$15

Get ready to mix, bake, and decorate delicious homemade donuts for a sweet day of fun!



June 4, 9 am - 2 pm

Ages: 10+ Cost: \$10

Join us for a field trip to Merchants Millpond to learn about the local environment and canoe through the pond on the Big Canoe!

Please bring a bagged lunch

Horsin' Around

June 9, 9 am - 2 pm

Ages: 5-9 Cost: \$10

Join 4-H Volunteer Sarah Wolfgang to learn the basics of horses through fun games and activities!

Please bring a bagged lunch

Culinary Passport

June 25-27, 9 am - 1 pm

Ages: 9+ Cost: \$20

Travel to Greece, Italy, and Japan with us Enjoy an educational adventure as we learn about cuisines from different discovering exotic birds at Sylvan cultures. Snack and lunch provided.

Age is as of January 1st, 2025. All youth must be registered in 4-H Online. No refunds unless the camp is canceled.

Little Culinary Passport

July 8-9, 9 am - 1 pm

Ages: 5-8 Cost: \$15

Cook around the world with us as we explore food from Greece and Italy. Snack and lunch provided.

Craft & Create

August 5, 9 am - 12 pm

Ages: 5-8 Cost: \$15

Splat, spray, and swirl your way through hands-on projects using fly swatters, water guns, and more while learning about famous artists and their techniques!

Planetarium

August 7, 10 am - 1 pm

Ages: 8-12 Cost: \$10

Join us for a cosmic adventure at the Elizabeth City State University Khan Planetarium's DigiStar Theater!

Please bring a bagged lunch

Sylvan Heights Bird Park

August 13, 9 am - 3 pm

Ages: 8-12 Cost: \$20

Heights Bird Park!

Please bring a bagged lunch







In person registration will open on **Monday, April 14th** at 8am at the Perquimans County Extension Office. To secure a spot, registration, payment, and 4-H Online enrollment must be completed. Enroll in 4-H Online at https://v2.4honline.com/

Participant Name:	
Age (as of Jan. 1st, 2025):	
Parent/Guardian Name:	
Parent/Guardian Email:	
Parent/Guardian Phone Number:	
The following individuals have permission to pick up my o	hild after the event
concludes:	
Special Dietary Needs/ Allergies/ Restrictions:	
I give Perquimans County 4-H permission to take photos	of my child:
Please select the events you are registering for: Little Donut Masters\$15 Merchants Millpond\$10 Culinary Passport\$20 Young Innovators Science Camp\$15	Total Due:
☐ Little Culinary Passport	Must be paid with a check or exact cash. Please make checks payable to Perquimans

N.C. Cooperative Extension is an equal opportunity provider. In compliance with the Americans with Disabilities Act, NC State will honor requests for reasonable accommodations made by individuals with disabilities. Please direct accommodation requests to: Tori DeWald (tori_dewald@ncsu.edu, (252)426-5428. Requests can be served more effectively if notice is provided at least 10 days before the event.

District Activity Day

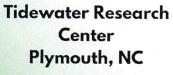
District Activity Day is an exciting opportunity for youth to build confidence and sharpen their public speaking skills. Participants choose a topic they're passionate about, create a visual aid like a poster or PowerPoint, and deliver their speech to a panel of judges. This year's event will be held on June 24th at Martin Community College. Youth interested in participating should email Tori DeWald at tori_dewald@ncsu.edu with their topic and a brief outline of their presentation or speech.

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Livestock Field Day







May 30, 2025 9:00 am - 4:00 pm

Extension Specialists will be covering a variety of topics

- Pasture renovation and Weed Identification
- Fence Construction
- Solar Farm Grazing with sheep
- FAMACHA for parasite management
- · Lambing/kidding toolbox
- · Retail cuts of lamb and cooking techniques
- Transitioning to Organic livestock

Registration is free but required. Lunch will be served.

Contact: Cyndi Knudson at (336) 908-9820 or ceknudson@ncat.edu.

NENCLivestockFieldDay.eventbrite.com







NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.





Sent to:jwharrel@ncsu.edu

Unsubscribe

N.C. Cooperative Extension - Perquimans County Center, Perquimans County Agriculture, 601A S Edenton Rd St, Hertford, NC 27944, United States